

## **SUMMER** in the **PSALMS**



### Daily Readings Week 1

#### **MONDAY 07.05.21 Psalm 1**

Psalm 1 is a “Torah” Psalm because it extols the virtues of obedience to Torah or God’s Law / Word. How does meditating on God’s Word (v.3) help us produce fruit? What can you do this week to spend more time in God’s Word?

#### **TUESDAY 07.06.21 Psalm 4**

Psalm 4 is a plea for deliverance. This psalm is a prayer for God’s help in times of distress. These prayers in the Psalms often focus on trusting in God. (v. 5) How has God helped you in times of distress? And how can trusting in God bring you peace? (v.8)

#### **WEDNESDAY 07.07.21 Psalm 8**

Psalm 8 is a psalm of praise that focuses on God as creator. Emphasis on God’s creative power is frequent in the Psalms. Do you see God in creation? Name a place or type of nature that draws your attention to God? Are you amazed that the God who created the universe cares for even you? (v.4)

#### **THURSDAY 07.08.21 Psalm 13**

Psalm 13 is a lament psalm. The psalmist is lamenting God’s apparent silence to the issues at hand. Lament psalms typically follow the pattern of sorrow at the beginning (vs.1-4) and praise at the end (vs. 5-6). Have you ever felt God was silent in a time of need? How can praising God in those dark moments help us overcome our trials?

#### **FRIDAY 07.09.21 Psalm 23**

The most famous Psalm pictures God as our shepherd. Shepherds provide for the needs of their sheep and protect their sheep from danger. Looking back on your life, how has God provided for you and lead you to green pastures and still waters? (vs. 1-2) and how has God protected and comforted you in the dark valleys? (v. 4)

#### **SATURDAY 07.10.21 Psalm 29**

Psalm 29 is a specific type of praise psalm. It is a Yahweh (God) is King or Yahweh reigns psalm. God’s power is compared to a thunderstorm (v. 3) and an earthquake (v. 8). The psalm highlights God’s glory and majesty as one who reigns over the cosmos. Why is important to see God as the all-powerful ruler of the universe? How does seeing God this way strengthen our faith?